



# TEAM UNKNOWNNS

If your team knows each other well, this can be a fun exercise to learn more about each other and build trust.

## Explain Why

Explain the exercise and why it is useful in a team to get to know each other better. Encourage people to share things whether they are big or small, work related or not.

## Role Model the Process

As leader, role model the type of thing you'd like to hear from the participants:

- What no-one on this team knows about me is... "I used to fly hot air balloons competitively"
- Invite discussion and questions if people want to know more but ensure you don't make it all about you!

## Take it in Turns

Take it in turns for each participant to share something no-one knows about them. Encourage others to ask questions.